

Monday 2/10	Tuesday	Wednesday	Thursday	Friday
<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define defense mechanisms; identify specific defense mechanisms and describe how they can look in real life.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define mental disorder; describe common symptoms of mental disorders; identify a common cause of phobias; explain what to do if someone is experiencing symptoms of mental disorders; describe how mental disorders can be treated.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to compare stress and stressor; describe different types of stressors; explain how stress can make you sick.</p> <p>Assignment In class—Notes & worksheet Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define time management and describe how it can help reduce stress; analyze personal time use.</p> <p>Assignment In class—Notes & worksheet Take home & return—Work not completed in class</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to describe the grief process; define funeral; explain how to help someone deal with loss.</p> <p>Assignment In class—Notes & worksheet Take home & return—Work not completed in class</p> <p>Upcoming event None</p>
<p>PE-11 Standards 10.4.12.A—Evaluate and</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and</p>

<p>engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage volleyball activities.</p> <p><u>Upcoming event</u> None</p>		<p>in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage volleyball activities.</p> <p><u>Upcoming event</u> None</p>		<p>engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage volleyball activities.</p> <p><u>Upcoming event</u> None</p>
<p><u>PE-8 Standards</u> 10.4.9.A—analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—analyze and engage in physical activities that are</p>

<p>developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p>developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p>developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p>developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>	<p>developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in volleyball activities. <u>Upcoming event</u> None</p>
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