Monday 2/10	Tuesday	Wednesday	Thursday	Friday
Health-9	Health-9	Health-9	Health-9	Health-9
<u>Standards</u>	<u>Standards</u>	<u>Standards</u>	<u>Standards</u>	<u>Standards</u>
10.1.12.A—Evaluate factors that				
impact growth and development				
during adulthood and late				
adulthood.	adulthood.	adulthood.	adulthood.	adulthood.
10.1.12.B—Evaluate factors that				
impact the body systems and				
apply protective/preventive				
strategies.	strategies.	strategies.	strategies.	strategies.
10.1.12.E—Identify and analyze				
factors that influence the				
prevention and control of health				
problems.	problems.	problems.	problems.	problems.
10.2.12.A—Evaluate health care				
products and services that	products and services that	products and services that impact	products and services that	products and services that
impact adult health practices.	impact adult health practices.	adult health practices.	impact adult health practices.	impact adult health practices.
10.2.12.B—Assess factors that				
impact adult health consumer				
choices.	choices.	choices.	choices.	choices.
10.2.12.C—Analyze the impact	10.2.12.C—Analyze the impact	10.2.12.C—Analyze the impact of	10.2.12.C—Analyze the impact	10.2.12.C—Analyze the impact
of violence on the victim and the	of violence on the victim and the	violence on the victim and the	of violence on the victim and the	of violence on the victim and the
surrounding community.				
<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>
Students will be able to define	Students will be able to define	Students will be able to compare	Students will be able to define	Students will be able to describe
defense mechanisms; identify	mental disorder; describe	stress and stressor; describe	time management and describe	the grief process; define funeral;
specific defense mechanisms	common symptoms of mental	different types of stressors;	how it can help reduce stress;	explain how to help someone
and describe how they can look	disorders; identify a common	explain how stress can make you	anyalyze personal time use.	deal with loss.
in real life.	cause of phobias; explain what	sick.	Assignment	Assignment
Assignment	to do if someone is experiencing	Assignment	In class—Notes & worksheet	In class—Notes & worksheet
In class—Notes & discussion	symptoms of mental disorders;	In class—Notes & worksheet	Take home & return—Work not	Take home & return—Work not
Take home & return—None	describe how mental disorders	Take home & return—None	completed in class	completed in class
Upcoming event	can be treated.	Upcoming event	Upcoming event	Upcoming event
None	Assignment	None	None	None
	In class—Notes & discussion			
	Take home & return—None			
	Upcoming event			
	None			
PE-11		PE-11		PE-11
<u>Standards</u>		<u>Standards</u>		<u>Standards</u>
10.4.12.A—Evaluate and		10.4.12.A—Evaluate and engage		10.4.12.A—Evaluate and

engage in an individualized		in an individualized physical		engage in an individualized
physical activity plan that		activity plan that supports		physical activity plan that
supports achievement of		achievement of personla fitness		supports achievement of
personla fitness and activity		and activity goals and promotes		personla fitness and activity
goals and promotes life-long		life-long participation.		goals and promotes life-long
participation.		10.4.12.D—Evaluate factors that		participation.
10.4.12.D—Evaluate factors that		affect physical activity and		10.4.12.D—Evaluate factors that
affect physical activity and		exercise preferences of adults.		affect physical activity and
exercise preferences of adults.		10.4.12.E—Analyze the		exercise preferences of adults.
10.4.12.E—Analyze the		interrelationships among regular		10.4.12.E—Analyze the
interrelationships among regular		participation in physical activity,		interrelationships among regular
participation in physical activity,		motor skill improvement, and the		participation in physical activity,
motor skill improvement, and the		selection and engagement in		motor skill improvement, and the
selection and engagement in		lifetime physical activities.		selection and engagement in
lifetime physical activities.		10.5.12.A—Apply knowledge of		lifetime physical activities.
10.5.12.A—Apply knowledge of		movement, movement skills, skill-		10.5.12.A—Apply knowledge of
movement, movement skills,		related fitness, and movement		movement, movement skills,
skill-related fitness, and		concepts to identify and evaluate		skill-related fitness, and
movement concepts to identify		physical activities that promote		movement concepts to identify
and evaluate physical activities		personal lifelong participation.		and evaluate physical activities
that promote personal lifelong		10.5.12.B—Incoroporate and		that promote personal lifelong
participation.		synthesize knowledge of motor		participation.
10.5.12.B—Incoroporate and		skill development concepts to		10.5.12.B—Incoroporate and
synthesize knowledge of motor		improe the quality of motor skills.		synthesize knowledge of motor
skill development concepts to		10.5.12.C—Evaluate the impact		skill development concepts to
improe the quality of motor skills.		of practice strategies on skills		improe the quality of motor skills.
10.5.12.C—Evaluate the impact		development and improvement.		10.5.12.C—Evaluate the impact
of practice strategies on skills		10.5.12.F—Analyze the		of practice strategies on skills
development and improvement.		application of game strategies for		development and improvement.
10.5.12.F—Analyze the		different categories of physical		10.5.12.F—Analyze the
application of game strategies		activities.		application of game strategies
for different categories of		Objectives/Assignment		for different categories of
physical activities.		Students will engage volleyball		physical activities.
Objectives/Assignment		activities.		Objectives/Assignment
Students will engage volleyball		Upcoming event		Students will engage volleyball
activities.		None		activities.
Upcoming event		NOTE		Upcoming event
None				None
	DE 0	DE 0	DE 0	
PE-8	PE-8	PE-8	PE-8	PE-8
Standards	Standards	Standards	Standards	Standards
10.4.9.A—analyze and engage	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage in	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage
in physical activities that are	in physical activities that are	physical activities that are	in physical activities that are	in physical activities that are

developmentall/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.D—Analyze factors that affect physical activity preferences of adolescents. 10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities.

Objectives/Assignment

Students will engage in

volleyball activities.

Upcoming event

None

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Objectives/Assignment

activities.

None

Upcoming event

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